1. **Building a Support System Video and Discussion**

Begin the lesson by asking students to brainstorm all the people who they feel are supportive of them. They do not have to share this information.

Show the video and then ask the group to list some of the people Tyler told about his college plans. The list includes his parents, soccer coach, neighbor (the librarian), cousin who is in college, math teacher, church youth leader, karate instructor, city councilman, art club advisor, head of local cultural center, and his friends.

Ask students to predict ways these people might lend support to Tyler (e.g., connect him with scholarship opportunities, give advice about careers and degrees, tell about various colleges, encouragement, follow up with him about his goals, be a mentor, and connect him to others who want to help students go to college).

2. **Build a Support Plan Activity**

Writing down their goals can make it easier to talk to other people about long-term plans. As a writing activity, ask students to use these questions to write a description about their future plans. This could become a graded activity in class if desired.

1.) What are your postsecondary goals?

2.) What are you currently doing to achieve these goals?

3.) What challenges do you think you will face?

4.) What support do you need from other people?

5.) Who will you include among your college supporters? Why?

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**Journal**

When I began this lesson, I had no idea who I might contact. Now I know this...